

Grantham Nurseries Lunch menu



Child's name:

Allergies:

Dietary requirements:

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lincolnshire Sausage, mashed potato, garden peas & onion gravy	Savoury Mince Beef & Vegetable Hot pot served with seasonal vegetables	Tomato & Vegetable Pasta Bake topped with cheese, served with salad	Sweet & Sour Chicken served with Fragrant rice	Roast Pork, mashed potato, carrots & peas & gravy
Vegetarian Option 2	Vegan Sausage, mashed potato, garden peas & onion gravy	Savoury Vegan Mince & Vegetable Hot pot served with seasonal vegetables	Tomato & Vegetable Pasta Bake topped with cheese, served with salad	Sweet & Sour Vegetable casserole served with fragrant rice	Roasted Quorn Fillet, mashed potato, carrots & peas & gravy
Option A	Fresh Fruit Salad	Greek yoghurt and raspberries	No added sugar Berry Crumble & Custard	Baked Banana loaf	Fresh Fruit Salad
Option B	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Option C	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt
Main Meal Choice					
Dessert Choice					

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Smokey BBQ Beef Chilli, served with fragrant rice	Spanish Chicken served with noodles	Turkey & Vegetable Tagine served with vegetable rice	Lincolnshire Sausage Plait served with roast potatoes, green beans & onion gravy	Beef Ragu served with fresh salad and garlic flatbread
Vegetarian Option 2	Smokey BBQ Vegan Chilli, served with fragrant rice	Vegan Sausage in a tomato & herb sauce with onions & peppers and noodles	5 Bean Aubergine & Pepper Tagine served with vegetable rice	Vegan Sausage served with herby diced roast potatoes, green beans & onion gravy	Med Veg Ragu served with fresh salad and garlic flatbread
Option A	Bananas and Natural yoghurt	No added sugar chocolate and raisin bread with raspberries	Fresh Fruit Salad	Baby plain scone and fruit	Fresh fruit salad
Option B	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Option C	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt
Main Meal Choice					
Dessert Choice					

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Roast Pork, mashed potato, carrots & peas & gravy	Chicken & Vegetable Filo Pastry Pie. Served with seasonal vegetables	Sausage & Baked Bean Hash served with seasonal vegetables	Turkey & Vegetable Tagine served with rice	Homemade Beef Lasagne, served with fresh salad & garlic bread
Vegetarian Option 2	Roasted Quorn Fillet, mashed potato, carrots & peas & gravy	Roasted Vegetable Pie with seasonal vegetables	Quorn Sausage & Bean Hash with seasonal vegetables	Moroccan Vegetable Tagine served with rice	Homemade vegetable Ragu, with fresh salad & garlic bread
Option A	Fresh Fruit Salad & Natural Yoghurt	Baked Banana Loaf	Fresh Fruit Salad	Mandarin and Sultana bread pudding	No added sugar Apple Crumble & Custard
Option B	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Option C	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt
Main Meal Choice					
Dessert Choice					

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lincolnshire Sausage, mashed potato, garden peas & onion gravy	Smokey BBQ Beef Chilli, served with fragrant rice	Tuna & Sweetcorn Pasta in a tomato & herb sauce with salad	Chicken & Vegetable Casserole served with mashed potatoes & green beans	Cottage Pie served with carrots & peas
Vegetarian Option 2	Vegan Sausage, mashed potato, garden peas & onion gravy	Smokey BBQ Vegan Chilli, served with fragrant rice	Med Veg & Sweetcorn Pasta in a tomato & herb sauce served with fresh salad	Roasted Med Vegetable Casserole in a tomato & herb sauce served with mashed potatoes & green beans	Vegan Cottage Pie served with carrots & peas
Option A	Bananas and Natural yoghurt	Fresh Fruit Salad	No added sugar chocolate and raisin bread with raspberries	Greek yoghurt and raspberries	Mandarin and sultana bread pudding
Option B	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection	Fruit Selection
Option C	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt	Natural Yoghurt
Main Meal Choice					
Dessert Choice					